

Test Matches RSA v NAM (W)
20 - 24 Jul 2026
Cape Town, South Africa



Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	STOFFBERG Petro (GK)	11 Oct 1996	29	38
2	CARTWRIGHT Jasmine (GK)	13 Mar 2008	18	4
3	PHILANDER Azaylee	3 Jan 2004	22	10
4	PRETORIUS Sunelle (C)	27 Nov 1998	27	36
6	FOURIE Nicola	19 Apr 2007	19	3
7	GRÖGLI Leila	25 May 2011	15	4
8	KRUGER Jivanka (C)	5 Jul 1997	29	31
9	ROWLES Alice	3 Apr 2007	19	3
10	NEETHLING Marika	16 Mar 2006	20	8
11	ROWLES Abigail	10 Feb 2009	17	4
12	HERMANUS Gillian	3 Jan 1998	28	26
13	MALAN Milah	29 May 2006	20	4
13	GRÖGLI Tamara	26 Jun 2009	17	4
14	HINDA Ottilie	8 Sep 2010	15	2
15	KRUGER Jahntwa	8 Feb 2000	26	33
16	DERCKSEN Amber	16 Jul 2002	24	10
18	RICHARDS Sienna	23 Nov 2009	16	3
19	MYBURGH Tamararie	19 Dec 2001	24	36
22	MOFFET Erin	30 Dec 2006	19	3
24	RIX Charlize	12 Sep 2001	24	21
25	JANUARY Allison	10 Jun 2011	15	3

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-20

Team Staff

Role	Name
Team Manager	ZEHRT Taryn
Head Coach	CORMACK Trevor
Physiotherapist	BOTES Dalena

Team Colours

Shirts	Royal Blue White
Skirts	Royal Blue White
Socks	Royal Blue White
GK Shirts	Red Black

Technical Delegates: CHUNG Dennis (RSA), MORGAN Robyn (RSA)

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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
1	DE JAGER Morgan (GK)	27 Jan 2003	23	24
4	BOTHA Stephanie	30 Dec 1998	27	64
5	MOLIKOE Edith (C)	23 May 2000	26	68
7	AUGOUSTI Taheera	23 Sep 2005	20	54
10	ZULU Onthatile	14 Mar 2000	26	91
12	MOKOENA Ntsopa	17 Aug 2004	21	59
13	ISAACS Paris-Gail	25 Aug 2006	19	29
18	PEARCE Hannah	17 Nov 1998	27	74
21	MALI Ongeziwe	21 May 1999	27	56
23	du TOIT Jean-Leigh	18 Jan 2000	26	59
26	DEN BAKKER Cailynn	9 May 2001	25	38
27	de WAAL Kayla	11 Jun 2000	26	53
30	MAREE Caylin	21 May 2003	23	14
31	Van TONDER Marlise (GK)	5 Jun 1997	29	60
32	FOURIE Tegan	13 Jul 1998	28	34
34	JANSE VAN VUUREN Ané	20 Mar 2004	22	19
35	MAHOLE Lerato	29 Dec 1999	26	35
37	FOURIE Cerian	10 Apr 2003	23	9
38	MENDONCA Shanna	3 Mar 2003	23	18
39	DE OLIVEIRA Daniella	11 Jul 2003	23	7
40	WOOD Bianca	20 Feb 2000	26	56
41	ENGELKE Baylee	18 Jul 2005	21	10
44	BRISSET Laikén	27 Mar 2004	22	10
45	MZIZI Nomsa	8 Jul 2004	22	9

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-20

Team Staff

Role	Name
Team Manager	LEECH Demi
Stand-In Manager	MCCREEDY Tarryn
Head Coach	ZONDI Inky
Assistant Coach	MARAIS Lenise
Physiotherapist	PHILLIPS Robyn

Team Colours

Shirts	Green White
Skirts	Green White
Socks	Yellow Green
GK Shirts	Mint Pink

Technical Delegates: CHUNG Dennis (RSA), MORGAN Robyn (RSA)