# 2026 Women's Asian Hockey5s

**20 - 25 Jul 2026**

**Muscat**

## Team Details China

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 1 | **LIU Xue (GK)** | 23 Feb 2009 | 16 | 8 |
| 5 | **WANG Tianhui** | 7 Dec 2008 | 17 | 8 |
| 8 | **LIU Zixin** | 28 Jan 2008 | 17 | 8 |
| 11 | **GUO Jiaxin (C)** | 14 Dec 2008 | 17 | 8 |
| 13 | **GE Chen** | 15 Oct 2009 | 16 | 8 |
| 16 | **LU Tongtong** | 16 Jan 2009 | 16 | 8 |
| 21 | **SUN Hongyan** | 11 Oct 2008 | 17 | 8 |
| 25 | **TANG Kexin** | 5 May 2009 | 16 | 8 |
| 28 | **ZHANG Yuzheng** | 24 Feb 2009 | 16 | 8 |
| 31 | **YU Wanting (GK)** | 22 Apr 2009 | 16 | 3 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **ZHANG Xuan** |
| Head Coach | **GUO Jie** |
| Assistant Coach | **REN Tianhe** |
| Physiotherapist | **YU Yaochun** |
| Translator | **HAO Weijia** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| White |
| Skirts | Red \| White |
| Socks | Red \| White |
| GK Shirts | White \| Black |

Technical Delegate: BATHLA Sonia (IND)



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## Team Details India

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 1 | **PARIHAR Mahak (GK)** | 30 Oct 2011 | 14 | 5 |
| 4 | **MANJHI Pushpa** | 1 May 2010 | 15 | 8 |
| 5 | **NAZ Nousheen** | 13 Jul 2010 | 15 | 8 |
| 9 | **Diya** | 13 Oct 2011 | 14 | 8 |
| 15 | **KUMARI Sandeepa** | 18 Mar 2010 | 15 | 8 |
| 16 | **TOPNO Nilam** | 16 Apr 2011 | 14 | 8 |
| 20 | **KUMARI Khili (GK)** | 23 Nov 2010 | 15 | 6 |
| 25 | **KUJUR Sweety (C)** | 14 Feb 2010 | 15 | 8 |
| 27 | **EKKA Kiran** | 5 Sep 2010 | 15 | 8 |
| 63 | **KUMARI Shruti** | 1 Jan 2010 | 15 | 8 |

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* As of 2025-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **PANDEY Prabal** |
| Head Coach | **Rani** |
| Physiotherapist | **RAJPUT Preeti** |
| Physical Trainer | **Daman Preet Singh SIAL** |

## Team Colours

| | |
|---|---|
| Shirts | Sky Blue \| White |
| Skirts | Sky Blue \| White |
| Socks | Sky Blue \| Orange |
| GK Shirts | Red \| Yellow |

Technical Delegate: BATHLA Sonia (IND)


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## Team Details Iran

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 1 | **khodakarami setayesh (GK)** | 27 Nov 2009 | 16 | 6 |
| 2 | **rezakhani maedeh** | 10 Apr 2009 | 16 | 6 |
| 3 | **najafinasab yeganeh** | 24 Oct 2008 | 17 | 6 |
| 7 | **zarebidoki setayesh** | 13 May 2010 | 15 | 6 |
| 8 | **maleki zeynab** | 14 Sep 2009 | 16 | 6 |
| 9 | **abdi zahra** | 15 Mar 2011 | 14 | 6 |
| 10 | **sheibani shaina** | 6 May 2009 | 16 | 6 |
| 11 | **dashab fatemeh (C)** | 23 Dec 2008 | 17 | 6 |
| 12 | **abedinifar setareh** | 25 May 2009 | 16 | 6 |
| 15 | **kalhori sarina (GK)** | 30 May 2009 | 16 | 2 |

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* As of 2025-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **yadegary yeganeh** |
| Head Coach | **SAFAEI Esfandyar** |
| Assistant Coach | **pakbazanjedani farideh** |
| Assistant Coach | **nouri tayebeh** |
| Assistant Coach | **zare fatemeh** |
| Medical Doctor | **Dr Ehsan Asadi Maman** |

## Team Colours

| | |
|---|---|
| Shirts | white \| Red |
| Skirts | white \| Red |
| Socks | white \| Red |
| GK Shirts | black \| Navy Blue |

Technical Delegate: BATHLA Sonia (IND)


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## Team Details Kazakhstan

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 3 | **NIGMETZHANOVA Dilnaz** | 5 Jan 2010 | 15 | 8 |
| 5 | **KAIYRZHAN Akpeiil (GK)** | 4 Jan 2011 | 14 | 0 |
| 6 | **SULEIMEN Yerkezhan (C)** | 2 Mar 2010 | 15 | 8 |
| 9 | **KOZHAKHMETOVA Dariya** | 31 Aug 2009 | 16 | 8 |
| 10 | **AMANGELDI Zhansaya** | 31 Mar 2009 | 16 | 8 |
| 12 | **MAZHIM Ayanat** | 30 Dec 2010 | 15 | 8 |
| 22 | **SEIITZHAN Yasmin** | 15 Oct 2009 | 16 | 8 |
| 23 | **ASLANKYZY Gaukhar** | 5 May 2012 | 13 | 8 |
| 25 | **BOLATBEK Aruzhan** | 8 Feb 2009 | 16 | 3 |
| 32 | **RAKHYM Ayaulym (GK)** | 6 May 2009 | 16 | 8 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **MUKHAMADIYEV Nurzhan** |
| Head Coach | **URMANOV Daulet** |
| Assistant Coach | **KUDAIBERGEN Adilzhan** |

## Team Colours

| | |
|---|---|
| Shirts | Yellow \| Blue |
| Skirts | Black \| Blue |
| Socks | Yellow \| Blue |
| GK Shirts | Red \| Green |

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## Team Details Oman

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 4 | **AL FARSI Yumna** | 23 Oct 2012 | 13 | 5 |
| 5 | **AL ZADJALI Meqat** | 2 Jul 2011 | 14 | 5 |
| 7 | **AL GHAITHI Mulook** | 4 Jul 2010 | 15 | 5 |
| 10 | **AL ZADJALI Mayadah** | 9 Apr 2010 | 15 | 5 |
| 11 | **AL SHIRAWI Logain (C)** | **22 Jul 2010** | 15 | 5 |
| 15 | **AL AMRI Ayah** | 10 Jun 2011 | 14 | 5 |
| 16 | **AL AMRI Fatima** | 5 Dec 2013 | 12 | 5 |
| 22 | **AL HINAI Retal (GK)** | 15 Oct 2011 | 14 | 4 |
| 25 | **AL MANDHARI Maryam (C)** | 9 Feb 2011 | 14 | 5 |
| 26 | **AL FARSI Ranim (GK)** | 7 Jul 2008 | 17 | 4 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **AL MASFRY Lamia** |
| Head Coach | **AL BALUSHI Olaa** |
| Assistant Coach | **AL KHAIFI Marwa** |
| Physiotherapist | **ELSAYED Yassmin** |

## Team Colours

| | |
|---|---|
| Shirts | Red \| White |
| Skirts | Red \| White |
| Socks | Red \| White |
| GK Shirts | Light Blue \| Dark Green |

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## Team Details Pakistan

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 2 | **SANA Khalid** | 5 Nov 2008 | 17 | 6 |
| 3 | **JAVERIA Raheem (C)** | 5 May 2008 | 17 | 6 |
| 4 | **IFFAT Zehra** | 21 Jan 2008 | 17 | 5 |
| 7 | **FARWA Haider** | 21 Sep 2008 | 17 | 6 |
| 10 | **SHEREEN Fatima** | 27 Feb 2011 | 14 | 6 |
| 13 | **SEHRISH Kanwal (GK)** | 2 Sep 2008 | 17 | 6 |
| 14 | **AREEBA Aslam** | 21 Jun 2009 | 16 | 6 |
| 16 | **SOBIA Afzal** | 1 Jan 2010 | 15 | 6 |
| 17 | **ANAYA Batool** | 25 Jan 2013 | 12 | 4 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **SAEEDA Khanam** |
| Head Coach | **SAHRISH Arshad** |
| Physiotherapist | **SUBAYYAL Iftikhar** |

## Team Colours

| | |
|---|---|
| Shirts | white \| Green |
| Skirts | white \| Green |
| Socks | white \| Green |
| GK Shirts | black \| white \| Light Green |

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## Team Details Uzbekistan

| Shirt No. | Player | Date of Birth | Age* | Caps |
|---|---|---|---|---|
| 10 | **KHALDIBAEVA Dilyara** | 2 Nov 2010 | 15 | 7 |
| 11 | **KUZIEVA Mohigul (C)** | 19 Jul 2009 | 16 | 7 |
| 13 | **ILHOMOVA Janon** | 30 Oct 2009 | 16 | 7 |
| 14 | **SOYIBJONOVA Roziyakhon** | **24 Jul 2009** | 16 | 7 |
| 15 | **OLIMOVA Noilakhon** | 14 Mar 2010 | 15 | 7 |
| 21 | **AKHMEDOVA Aziza (GK)** | 4 Apr 2010 | 15 | 7 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

## Team Staff

| Role | Name |
|---|---|
| Team Manager | **MADRAKHIMOVA Kunduz** |
| Head Coach | **SAIDMURADOVA Gavhar** |
| Assistant Coach | **KHOLMIRZAEV Elyor** |

## Team Colours

| | |
|---|---|
| Shirts | White \| Green |
| Skirts | White \| Black |
| Socks | White \| Black |
| GK Shirts | Red \| Yellow |

Technical Delegate: BATHLA Sonia (IND)


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