Team Details Botswana

Shirt No.	Player	Date of Birth	Age*	Caps
1	**JACOB Tshepiso (GK)**	24 Jan 2000	24	11
3	**MASOLE Tlotlo**	26 Feb 2005	19	3
6	**MPATANE BONANI**	6 Jan 2004	20	3
7	**KGANELA-WHITE Maya**	9 Oct 2004	19	0
8	**APADILE Kobamelo (C)**	8 Jan 1994	30	0
10	**MAKHANDLELA Naledi**	**25 May 2003**	20	4
11	**NKOMBA Ipelo**	27 Jan 2005	19	3
17	**GABANA Boitumelo**	11 Jan 2000	24	4

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-05-23

Team Staff

Role	Name
Team Manager	**JEREMIAH Irene**
Head Coach	**BENN Conrad**

Team Colours

Shirts	White | sky blue Dress
Skirts	Black | Sky blue dress
Socks	White | Black
GK Shirts	Yellow | Orange

Technical Delegate: MORGAN Robyn (RSA)

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Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**STOFFBERG Petro (GK)**	11 Oct 1996	27	88
3	**PHILANDER Azaylee**	3 Jan 2004	20	52
4	**LUDWIG Sunelle**	27 Nov 1998	25	75
5	**CORMACK Kiana-Ché**	2 Aug 2001	22	34
6	**LANDSBERG Kyla**	30 Mar 2006	18	3
8	**KRUGER Jivanka**	5 Jul 1997	26	43
9	**BARTLETT Jerrica**	1 Apr 1990	34	75
10	**HENCKERT Jaime (GK)**	13 Jan 2004	20	15
12	**HERMANUS Gillian (C)**	3 Jan 1998	26	63
15	**KRUGER Jahntwa**	8 Feb 2000	24	27
16	**DERCKSEN Amber**	16 Jul 2002	21	23
20	**HIGGS Annica**	6 Mar 2006	18	3

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-05-23

Team Staff

Role	Name
Team Manager	**ABRAHAMS Shaheed**
Head Coach	**CORMACK Shayne**
Physiotherapist	**PENZHORN Kirsten**

Team Colours

Shirts	Royal Blue | White
Skirts	White | Royal Blue
Socks	Royal Blue | White
GK Shirts	Black | Red

Technical Delegate: MORGAN Robyn (RSA)

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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
2	**SOUTHGATE Jamie (C)**	23 Mar 1998	26	116
8	**DEN BAKKER Cailynn**	9 May 2001	23	28
11	**FOURIE Cerian**	10 Apr 2003	21	20
14	**FOURIE Tegan**	13 Jul 1998	25	86
15	**HAMZA Malikah**	8 Feb 2004	20	40
16	**LARDANT Jessica**	5 Sep 1997	26	82
17	**BRISSET Laikén**	27 Mar 2004	20	42
20	**SWANEPOEL Charlize (GK)**	5 Aug 1999	24	20
25	**PAGET Sarah (GK)**	13 Nov 2001	22	32
27	**MOABI Bonolo**	27 Aug 2002	21	22
29	**DAVIDS Laylaa**	20 Sep 2001	22	18
30	**PORTER Elizabeth**	30 Mar 2005	19	11

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-05-23

Team Staff

Role	Name
Team Manager	**FLOWERS Tracey**
Head Coach	**SPIERINGSHOEK A.J.**
Assistant Coach	**RAMDIN Shahil**
Assistant Coach	**PRICE Calvin**
Physiotherapist	**RUKORO Owetu**

Team Colours

Shirts	Green | White
Skirts	Green | White
Socks	Yellow | Green
GK Shirts	Red | Navy Blue

Technical Delegate: MORGAN Robyn (RSA)

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Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	**MATHIESON Jenna (GK)**	16 Apr 2001	23	6
2	**MUTARAMUSWA Tanatswa (GK)**	9 Jan 2003	21	6
4	**EVANS Sarah (C)**	18 Dec 1984	39	27
5	**MUSHAVI Ruvarashe**	9 Jan 2007	17	2
6	**BWERINOFA Stephanie**	2 Sep 2007	16	2
7	**CHIGUMIRA Padiwanashe**	6 Jan 2007	17	2
8	**GRANT Nicolle**	10 Mar 1992	32	23
9	**MATAMBO Mufarowashe**	28 Apr 2007	17	2
10	**DIPLOCK Kelly**	11 May 1998	26	2
13	**ELIJAH Tinodiwanashe**	7 Apr 2005	19	2
17	**NENGARE Farirai**	17 Jan 1993	31	2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-05-23

Team Staff

Role	Name
Team Manager	**WEBB Tracy**
Head Coach	**FOURIE Christopher**

Team Colours

Shirts	Black | White
Skirts	Black | Green
Socks	Black | Green
GK Shirts	Purple | Blue

Technical Delegate: MORGAN Robyn (RSA)

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