

### Team Details England

Shirt No.	Player	Date of Birth	Age*	Caps
3	<b>TENNANT Amy (GK)</b>	28 Aug 1994	28	32 (ENG 13, GBR 19)
4	<b>ROPER Laura</b>	8 Mar 1988	35	360 (ENG 185, GBR 175)
7	<b>FRENCH Hannah</b>	30 Dec 1994	28	150 (ENG 72, GBR 78)
11	<b>HUNT Holly</b>	15 Mar 1997	26	39 (ENG 35, GBR 4)
13	<b>RAYER Elena</b>	22 Nov 1996	26	123 (ENG 71, GBR 52)
14	<b>HOWARD Tessa</b>	6 Jan 1999	24	101 (ENG 36, GBR 65)
16	<b>PETTER Isabelle</b>	27 Jun 2000	23	115 (ENG 45, GBR 70)
19	<b>HAMILTON Olivia</b>	28 Feb 2001	22	20 (ENG 19, GBR 1)
20	<b>PEARNE-WEBB Hollie (C)</b>	19 Sep 1990	32	274 (ENG 140, GBR 134)
21	<b>CRACKLES Fiona</b>	11 Feb 2000	23	96 (ENG 42, GBR 54)
22	<b>NEAL Elizabeth</b>	8 Oct 1998	24	60 (ENG 25, GBR 35)
23	<b>HAMILTON Sophie</b>	28 Feb 2001	22	85 (ENG 39, GBR 46)
25	<b>HEESH Sabbie (GK)</b>	16 Dec 1991	31	57 (ENG 21, GBR 36)
26	<b>OWSLEY Lily</b>	10 Dec 1994	28	245 (ENG 121, GBR 124)
28	<b>PEEL Flora</b>	19 Sep 1996	26	65 (ENG 30, GBR 35)
30	<b>TAYLOR Martha</b>	1 Mar 2002	21	31 (ENG 13, GBR 18)
31	<b>BALSDON Grace</b>	13 Apr 1993	30	145 (ENG 76, GBR 69)
41	<b>WALKER Lily</b>	5 Jun 2002	21	61 (ENG 34, GBR 27)
42	<b>MALZER Alexandra</b>	19 Aug 2000	22	31 (ENG 20, GBR 11)
46	<b>CURTIS Katie</b>	30 Apr 2002	21	1

NB: Team lists are subject to change following the tournament briefing meeting

\* As of 2023-07-25

### Team Staff

Role	Name
Team Manager	<b>BEVERIDGE Samantha</b>
Head Coach	<b>RALPH David</b>
Assistant Coach	<b>PAUL Jody</b>
Assistant Coach	<b>HICKMAN Mark</b>
Assistant Coach	<b>GLYNN Katie</b>
Physiotherapist	<b>YOUNG Celia</b>

### Team Colours

Shirts	White   Red
Skirts	Red   Royal Blue
Socks	Red   Royal Blue
GK Shirts	Pink   Light blue

### Team Details India

Shirt No.	Player	Date of Birth	Age*	Caps
3	<b>EKKA Deep Grace</b>	3 Jun 1994	29	268
4	<b>Monika</b>	5 Nov 1993	29	229
5	<b>Sonika</b>	20 Mar 1997	26	91
8	<b>PRADHAN Nikki</b>	8 Dec 1993	29	187
9	<b>KHARIBAM Bichu Devi (GK)</b>	3 Dec 2000	22	38
11	<b>Savita (C,GK)</b>	11 Jul 1990	33	293
14	<b>KUMARI Sangita</b>	24 Dec 2001	21	64
15	<b>Nisha</b>	9 Jul 1995	28	89
16	<b>KATARIYA Vandana</b>	15 Apr 1992	31	317
18	<b>Udita</b>	14 Jan 1998	25	123
20	<b>Lalremsiami</b>	30 Mar 2000	23	154
22	<b>KAUR Baljeet</b>	22 Mar 2001	22	26
25	<b>KAUR Navneet</b>	26 Jan 1996	27	178
27	<b>PUKHRAMBAM Sushila Chanu</b>	25 Feb 1992	31	245
30	<b>TETE Salima</b>	27 Dec 2001	21	122
32	<b>Neha</b>	15 Nov 1996	26	169
50	<b>CHAUDHARY Ishika</b>	15 Apr 2000	23	59
55	<b>Deepika</b>	6 Dec 2003	19	49
64	<b>Chhatri Jyoti</b>	8 Mar 2003	20	13
69	<b>PHALKE Vaishnavi Vitthal</b>	23 Dec 2003	19	41

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### Team Staff

Role	Name
Team Manager	<b>BILLAVA SURESH Ankitha</b>
Head Coach	<b>SCHOPMAN Janneke</b>
Assistant Coach	<b>FARRY Anthony</b>
Physiotherapist	<b>DARNE Rakhi Vinay</b>
Physical Trainer	<b>FRANCIS Pushpavathy</b>
Physical Trainer	<b>NAIDOO Taren</b>

### Team Colours

Shirts	Sky Blue   White
Skirts	Sky Blue   White
Socks	Sky Blue   Orange
GK Shirts	Red   Yellow

2023 4 Nations Women's Invitational Tournament (Barcelona)

25 - 30 Jul 2023  
Terrassa, Barcelona



Team Details Spain

Shirt No.	Player	Date of Birth	Age*	Caps
1	<b>RUIZ Maria (GK)</b>	18 Mar 1990	33	176
2	<b>BARRIOS Laura</b>	4 Sep 2000	22	60
4	<b>BARRIOS Sara</b>	4 Sep 2000	22	48
5	<b>BARBA Clara</b>	28 Mar 2002	21	2
6	<b>BADIA Clara</b>	5 Feb 1998	25	18
7	<b>STRAPPATO Júlia</b>	16 Jan 2000	23	47
8	<b>JIMENEZ Lucia</b>	8 Jan 1997	26	185
9	<b>LOPEZ Maria (C)</b>	16 Feb 1990	33	255
10	<b>IGLESIAS Belén</b>	6 Jul 1996	27	111
11	<b>SEGU Marta</b>	22 Jun 1995	28	121
13	<b>AMUNDSON Constanza</b>	12 Feb 1998	25	47
14	<b>PÉREZ Blanca</b>	17 Sep 2003	19	16
15	<b>GARCIA Maialen</b>	5 Apr 1990	33	128
16	<b>MEJIAS Candela</b>	27 Jan 1997	26	65
17	<b>YCART Clara</b>	10 Jan 1999	24	86
20	<b>GINE Xantal</b>	23 Sep 1992	30	208
21	<b>PEREZ Beatriz</b>	4 May 1991	32	267
22	<b>VIDOSA Laia</b>	8 Jan 1999	24	37
24	<b>TORRES-QUEVEDO Alejandra</b>	30 Sep 1999	23	99
26	<b>PEREZ Clara (GK)</b>	<b>26 Jul 2001</b>	21	31
29	<b>JIMÉNEZ Paula</b>	13 Aug 2004	18	0
30	<b>ALVAREZ Patricia</b>	4 Mar 1998	25	45

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\* As of 2023-07-25

Team Staff

Role	Name
Team Manager	<b>GOMEZ Raul</b>
Stand-In Manager	<b>RUIZ Alberto</b>
Head Coach	<b>LOCK Adrian</b>
Assistant Coach	<b>GARCIA CUENCA Carlos</b>
Assistant Coach	<b>AGUILAR Eduardo</b>
Medical Doctor	<b>GONZALEZ Rafael</b>
Physiotherapist	<b>NEBRED A Pau</b>
Physiotherapist	<b>RAMOS Mariona</b>
Physiotherapist	<b>MORENO Berta</b>
Physical Trainer	<b>GUTIERREZ Lorena</b>

Team Colours

Shirts	Red   White
Skirts	Red   White
Socks	Red   White
GK Shirts	Yellow   Royal Blue