



Team Details Egypt

Shirt No.	Player	Date of Birth	Age*	Caps
1	KARAMA Marim (GK)	12 Feb 1997	25	4
2	MOSTAFA Mennatalla (C)	15 Apr 2003	19	4
9	ELFATIRI Sama	25 Aug 2003	19	4
11	ABDELAZIZ Fifi	1 Dec 1995	27	4
12	DARWISH Aya	20 Sep 1997	25	4
14	AZAB Amira	26 Aug 1994	28	4
15	ZAHRA Esraa	26 Jul 1999	23	4
16	ALI Salma (GK)	9 Oct 2000	22	1
17	MORSY Nahla	28 Aug 1996	26	4
30	SOLAIMAN Rowan	9 Jun 2003	19	3

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

Role	Name
Team Manager	SAYED Sara
Head Coach	KHALIL Moustafa
Physiotherapist	SHAHIN Shimaa

Team Colours

Shirts	Red White
Skirts	White Black
Socks	Black Red
GK Shirts	Blue Mint green



Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	ADHIAMBO Milicent (GK)	29 Sep 2002	20	1
4	GUCHU Caroline (C)	23 Oct 1988	34	1
5	ONYANGO Vivian	30 Mar 1999	23	1
6	KIPSANG Lynne	17 Sep 1999	23	1
7	OWITI Mourine	5 Mar 2000	22	1
8	OWITI Alice	5 Mar 2000	22	1
10	KEMUNTO Naom	7 Oct 2000	22	1
16	OPONDO Aurelia	5 Oct 1999	23	1
20	WABOMBA Maroline (GK)	20 Aug 2000	22	0
21	CHEBET Eleanor	24 Jul 2001	21	1

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Team Staff

Role	Name
Team Manager	KARANJA Tracy
Head Coach	MALUNGU Michael
Physiotherapist	KAUMBA Rebecca

Team Colours

Shirts	Red Navy Blue
Skirts	Black Black
Socks	Red Black
GK Shirts	Yellow Red



Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	STOFFBERG Petro (C,GK)	11 Oct 1996	26	11
8	KRUGER Jivanka	5 Jul 1997	25	11
13	VAN STADEN Armin	6 Mar 2003	19	5
15	MEYER Danja	25 Jul 2003	19	5
16	DIAMOND Berencia (GK)	15 Jun 1994	28	2
19	MYBURGH Taramarie	19 Dec 2001	20	11
20	SCHIMMING Kaela	24 Jan 2001	21	5
21	COETZEE Anthea	9 Dec 2004	18	11
24	RIX Charlize	12 Sep 2001	21	11
33	KRUGER Jahntwa	8 Feb 2000	22	11

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* As of 2022-12-10

Team Staff

Role	Name
Team Manager	SCHIMMING Kimber
Head Coach	HANDURA Erwin

Team Colours

Shirts	Blue Red
Skirts	Blue Red
Socks	Blue Red
GK Shirts	Red Green



Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
1	MODIPANE Mmatshupo (GK)	28 Sep 1989	33	8
4	SPERSHOTT Germarie	23 Mar 2005	17	4
5	JANSEN van VUREN Lezaan	21 Dec 1998	23	8
6	VERSTER Izelle	12 Sep 1994	28	10
9	DE LA REY Teshawn	4 May 2005	17	10
10	van JAARSVELDT Sylvia	29 Jul 1989	33	8
11	MARKS Toni (C)	19 Jul 1994	28	14
16	PHUME Reabetswe	16 Mar 2006	16	14
22	WELHAM Angela	28 Oct 2000	22	4
23	COCHRANE Grace (GK)	12 Jun 2002	20	9

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Team Staff

Role	Name
Team Manager	RAMSDEN Tarrin
Head Coach	PHOLO Tsoanelo
Physiotherapist	BAILEY Sharne

Team Colours

Shirts	Green White
Skirts	Green White
Socks	Yellow Green
GK Shirts	Orange Green



Team Details Zambia

Shirt No.	Player	Date of Birth	Age*	Caps
1	CHUNGU Chengelo (GK)	23 Apr 2006	16	8
2	KALUNGA Brenda	12 Oct 1996	26	10
3	ZULU Falesy	1 Jan 2002	20	3
7	MUNTHALI Margret	26 Jun 1997	25	3
8	KALOMO Martha (C)	8 Jan 1992	30	4
11	NANKALA Martha (C)	10 Oct 1996	26	10
12	MUTANGAMA Harriet	17 Feb 2003	19	9
15	MULENGA Ireen	25 Sep 2001	21	10
16	CHIBBANYUKA ESNART (GK)	1 Dec 1995	27	1
18	NAKOMBE Carol	6 Dec 1999	23	10

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* As of 2022-12-10

Team Staff

Role	Name
Team Manager	BWALYA Elvis
Team Manager	KAWEWE Patson
Head Coach	LWANDO Godfrey
Assistant Coach	CHOMBA Floyd
Physiotherapist	MUMBA Maulisho

Team Colours

Shirts	Dark Green Light Green/Orange
Skirts	Green Green
Socks	Green Orange
GK Shirts	Blue Mint Green