2020 Test matches POL v RSA (W)

9 - 12 Jan 2020

Various

Team Details Poland

Shirt No.	Player	Date of Birth	Age*	Caps
1	**NOWICKA Dominika (C,GK)**	11 Feb 1991	28	61
4	**KATERLA Amelia**	19 Jan 1993	26	84
6	**REDER Paulina**	27 Apr 1998	21	5
7	**ZAGAJSKA Magdalena**	18 Oct 1993	26	48
8	**BALCERZAK Julia**	24 Apr 2001	18	33
9	**WYPIJEWSKA Martyna**	10 Sep 1996	23	23
10	**SKORASZEWSKA Daria**	26 Aug 1999	20	26
12	**GABARA Anna (C,GK)**	5 May 1995	24	14
15	**HYLA Jowita**	11 Feb 1999	20	4
17	**POLEWCZAK Monika**	12 Feb 1998	21	38
19	**BRATKOWSKA Oriana**	27 Apr 1992	27	43
20	**TATARCZUK Sandra**	27 Apr 2000	19	21
23	**KUCHARSKA Aleksandra**	24 Feb 2001	18	3
24	**DYMINSKA Aleksandra**	29 May 2002	17	2
27	**SUSZYNSKA Natasza**	29 Nov 1998	21	15
29	**MAZUR Dżesika**	21 Sep 2001	18	9
30	**SLAWINSKA Paula (C)**	13 Apr 1994	25	69

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2020-01-09

Team Staff

Role	Name
Team Manager	**JULGA Lukasz**
Head Coach	**WRZESINSKI Maciej**
Physiotherapist	**MŁODZIKOWSKA Katarzyna**

Team Colours

Shirts	Red | White
Skirts	White | Black
Socks	Red | Black
GK Shirts	Black | Royal Blue

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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
1	**SHANGE Zimisele (GK)**	20 May 1993	26	37
2	**SOUTHGATE Jamie**	23 Mar 1998	21	116
3	**GREAVES Amy**	1 Nov 1993	26	74
7	**MOLIKOE Edith**	23 May 2000	19	90
9	**de WAAL Kayla**	11 Jun 2000	19	60
10	**HACK Cindy (C)**	10 Sep 1984	35	98
11	**BOTES Kara-Lee**	7 Mar 1990	29	76
12	**O'CONNOR Jessica**	6 Aug 1991	28	124
13	**JOHNSON Robyn**	7 Dec 1990	29	66
16	**LARDANT Jessica**	5 Sep 1997	22	82
23	**GREYVENSTEIN Cheree (GK)**	17 Jan 1997	22	75

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2020-01-09

Team Staff

Role	Name
Team Manager	**MORGAN Robyn**
Head Coach	**BOTHA Lennie**

Team Colours

Shirts	Green | White
Skirts	Green | White
Socks	Yellow | Green
GK Shirts	Red | Navy Blue

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