

African Hockey Road to Tokyo 2020 (Women)

12 - 18 Aug 2019

Stellenbosch (RSA)



Team Details Ghana

Shirt No.	Player	Date of Birth	Age*	Caps
1	**AZUMAH Bridget (GK)**	5 Jun 1993	26	27
3	**BOAKYE Serwaa**	17 Mar 1993	26	53
4	**COFFIE Ernestina**	5 Nov 1993	25	49
6	**UMARU Nafisatu (C)**	17 Dec 1993	25	57
7	**SULEMANA Adizatu**	27 Dec 1997	21	37
8	**AMOAKO Cecilia**	22 Nov 1993	25	66
9	**WHYTE Debora**	10 Aug 1997	22	13
10	**OPOKU Elizabeth**	2 Feb 1994	25	64
11	**AFRIYIE Lydia**	6 Sep 1997	21	48
13	**ACQUAH Juwaila**	22 Dec 1996	22	21
14	**BERKO Mavis**	13 Jul 1997	22	37
15	**KORWU Joanita**	25 Jun 1985	34	37
17	**NARKUOR Vivian**	24 Sep 1999	19	41
18	**BOYE Abigail (GK)**	24 Sep 1989	29	21
19	**BAMFO Racheal**	9 Apr 1990	29	59
21	**FIADOR Evelyn**	3 Jan 1990	29	9
22	**OWUSU Roberta**	28 Nov 1997	21	23
24	**SHAIBU Queensilla**	28 Nov 1993	25	16

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2019-08-12

Team Staff

Role	Name
Team Manager	**ANKOMAH Grace**
Stand-In Manager	**DZOKOTO Bright**
Head Coach	**AHADJIE Emmanuel**
Assistant Coach	**ABASS Ramatu**
Physical Trainer	**AWAGAH Rejoice**

Team Colours

Shirts	Yellow | White
Skirts	Black | White
Socks	Yellow | Black
GK Shirts	Red | Apple Green

Technical Delegates: BENNETT Sarah (ZIM), AKPOKAVIE Richard (GHA)

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Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	**ONYANGO Cynthia (GK)**	20 Nov 1993	25	19
2	**GUCHU Caroline**	23 Oct 1988	30	66
3	**MBUGUA Beatrice**	7 Oct 1994	24	21
4	**MURAGU Jane**	7 Mar 1997	22	9
5	**OWITI Alice**	5 Mar 2000	19	26
6	**OKUMU Gilly (C)**	29 Apr 1995	24	24
7	**OMINDI Harriette**	14 Jul 1993	26	4
8	**AKINYI Marion**	19 Nov 1995	23	3
9	**KUIRA Rhoda**	5 Dec 1995	23	17
10	**OMWANDHO Leah**	28 Jan 1993	26	13
11	**WACHIRA Lucy**	3 Jan 1993	26	9
12	**MAKOKHA Grace**	9 Nov 1995	23	11
13	**KARANJA Tracy**	10 Dec 1992	26	36
14	**AURA Lilian**	23 Mar 1990	29	50
15	**RUTH Leddie**	12 Jan 1997	22	4
16	**MUTIVA Flavia**	20 Apr 1990	29	52
17	**OKUMU Maureen**	2 Apr 1996	23	33
18	**OCHIA Nouvelle (GK)**	30 Oct 1998	20	1

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Team Staff

Role	Name
Team Manager	**NYAMOGO Jane**
Stand-In Manager	**MALUNGU Michael**
Head Coach	**OLAL Thomas**
Assistant Coach	**JOW Jacqueline**
Physiotherapist	**KARANI Muriiki**
Physical Trainer	**NDIRANGU Kanyi**

Team Colours

Shirts	White | Red
Skirts	Black | White
Socks	White | Black
GK Shirts	Yellow | Light Blue

Technical Delegates: BENNETT Sarah (ZIM), AKPOKAVIE Richard (GHA)

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Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**STOFFBERG Petro (GK)**	11 Oct 1996	22	38
3	**KRUGER Jahntwa**	8 Feb 2000	19	33
4	**LUDWIG Sunelle**	27 Nov 1998	20	36
6	**van ROOYEN Joane**	3 Jul 2002	17	19
7	**GERBER Phea**	27 Aug 1997	21	12
8	**KRUGER Jivanka**	5 Jul 1997	22	31
9	**BARTLETT Jerrica**	1 Apr 1990	29	34
10	**MENGO Magreth (C)**	12 Jun 1984	35	22
11	**WESSELS Cele**	6 Oct 2002	16	20
12	**DEYSEL Jocelle**	23 Mar 1994	25	13
13	**KASHOPOLA Emilia**	13 Jan 1993	26	21
14	**MYBURGH Taramarie**	19 Dec 2001	17	36
17	**LOUIS Ina**	27 Sep 1988	30	21
18	**DIAMOND Berencia (GK)**	15 Jun 1994	25	15
19	**VAN STADEN Armin**	6 Mar 2003	16	9
21	**HERMANUS Gillian**	3 Jan 1998	21	26
23	**LAUBSCHER Marian**	1 Nov 1994	24	4
27	**VENTER Marcia**	13 May 1992	27	11

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Team Staff

Role	Name
Team Manager	**STOFFBERG Marietta**
Head Coach	**HANDURA Erwin**
Assistant Coach	**COPPELMANS Frederic**
Physiotherapist	**van VEEN Tania**

Team Colours

Shirts	White | Red
Skirts	White | Red
Socks	White | Red
GK Shirts	Black | Yellow

Technical Delegates: BENNETT Sarah (ZIM), AKPOKAVIE Richard (GHA)

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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
2	**FOURIE Tegan**	13 Jul 1998	21	34
3	**EVANS Celia**	18 Jun 1990	29	193
6	**VERSTER Izelle**	12 Sep 1994	24	19
8	**PATON Kristen**	21 Dec 1996	22	80
9	**JOHNSON Robyn**	7 Dec 1990	28	46
12	**CHAMBERLAIN Dirkie**	3 Nov 1986	32	250
13	**DEETLEFS Lisa-Marie**	8 Sep 1987	31	285
14	**VETO Nomnikelo**	3 Jan 1997	22	26
16	**HUNTER Erin (C)**	20 Mar 1992	27	113
18	**PEARCE Hannah**	17 Nov 1998	20	74
19	**du PLESSIS Lilian**	17 Dec 1992	26	159
21	**MALI Ongeziwe**	21 May 1999	20	56
24	**MBANDE Phumelela (GK)**	8 Mar 1993	26	79
28	**BOBBS Quanita**	3 Sep 1993	25	202
29	**GLASBY Tarryn**	23 Jan 1995	24	91
32	**MODIPANE Mmatshepo (GK)**	28 Sep 1989	29	22
37	**van JAARSVELDT Sylvia**	29 Jul 1989	30	13
38	**ZULU Onthatile**	14 Mar 2000	19	91

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Team Staff

Role	Name
Team Manager	**DOIG Gill**
Stand-In Manager	**NAIDOO Taren**
Head Coach	**van GINKEL Robin**
Assistant Coach	**ZONDI Inky**
Physiotherapist	**NEL Cindy**
Physical Trainer	**le ROUX Jacques**
Psychologist	**DE JAGER Louise**

Team Colours

Shirts	Green | White
Skirts	Green | White
Socks	Yellow | Green
GK Shirts	Red | Royal Blue

Technical Delegates: BENNETT Sarah (ZIM), AKPOKAVIE Richard (GHA)

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Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	**CLIPSTONE Jordyn (GK)**	29 May 1995	24	15
2	**MATHIESON Jenna (GK)**	16 Apr 2001	18	11
3	**O'TOOLE Keara**	8 Apr 1985	34	4
4	**VIVIERS Roxanne**	16 Jan 1993	26	21
5	**MANNIX Belinda**	7 Aug 1986	33	9
6	**TERBLANCHE Alexei**	13 Sep 2001	17	17
7	**HERBST Simone**	7 Dec 2000	18	17
8	**GRANT Nicolle**	10 Mar 1992	27	17
9	**ALLARDICE Georgia**	1 Nov 2001	17	11
10	**WATSON Nicola**	11 Sep 1980	38	4
11	**CAMPBELL Mary (C)**	13 May 1985	34	11
12	**POPE Lilian**	12 Nov 2001	17	11
13	**JOHNSON Iman**	5 Nov 1994	24	25
14	**McDONALD Sophie**	23 Aug 1999	19	6
15	**TERBLANCHE Natalie**	6 Sep 2000	18	17
16	**WILLIAMS Michelle**	21 Aug 1990	28	18
17	**NENGARE Farirai**	17 Jan 1993	26	21
18	**SIBANDA Gugulethu**	25 Feb 2001	18	4

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Team Staff

Role	Name
Team Manager	**STEYN Trada**
Head Coach	**MCVEY Angus**
Assistant Coach	**HAASBROEK Jaime**
Physiotherapist / Stand-In Manager	**PLEMMONS Jeremy**

Team Colours

Shirts	Red | White
Skirts	Black | Green
Socks	Red | Green
GK Shirts	Orange | Pink

Technical Delegates: BENNETT Sarah (ZIM), AKPOKAVIE Richard (GHA)

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