

Team Details Afghanistan

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------------|---------------|------|------|
| 1 | SEDIQI Atta-Ullah (GK) | 27 Oct 1995 | 23 | 2 |
| 2 | ROHANI Umar | 27 Aug 2001 | 17 | 3 |
| 4 | ROHANI Wali | 22 Nov 1999 | 19 | 8 |
| 5 | ZADRAN Mamiz (C) | 25 Mar 1995 | 23 | 8 |
| 6 | ZIRMAT Ramazan | 12 Aug 1998 | 20 | 8 |
| 7 | SATARI Abdul | 21 Mar 1989 | 29 | 8 |
| 8 | ROHANI Ajmal | 31 Aug 1999 | 19 | 8 |
| 9 | DILPORAY Anwarullah | 1 Sep 1997 | 21 | 8 |
| 10 | ZAZAI Khalid | 3 Jul 2000 | 18 | 8 |
| 11 | ZADRAN Fazel | 2 May 1994 | 24 | 8 |
| 15 | DILPORRAI Ahtar-Ullah | 5 May 1999 | 19 | 3 |
| 17 | ZADRAN Naqiburahman | 6 Apr 1999 | 19 | 8 |
| 19 | ZADRAN Abdul Qayoum | 13 Dec 2000 | 18 | 8 |
| 20 | ZADRAN Amin-Ullah | 1 Sep 1997 | 21 | 3 |
| 23 | ZADRAN Abdul (GK) | 3 Aug 1998 | 20 | 4 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2018-12-17

Team Staff

| Role | Name |
|--------------|----------------------|
| Team Manager | ZADRAN Ismail |
| Head Coach | ATIKAN Jamal |

Team Colours

| | |
|-----------|---------------------|
| Shirts | Red White |
| Shorts | Red White |
| Socks | Red White |
| GK Shirts | Royal Blue Yellow |

Team Details Kazakhstan

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------------|---------------|------|------|
| 1 | URMANOV Daulet (C) | 13 Dec 1994 | 24 | 26 |
| 3 | ZHAKISHEV Temirlan | 24 Dec 2001 | 16 | 1 |
| 7 | TOIBEKOV Meirlan | 6 Dec 1997 | 21 | 25 |
| 10 | TASHKEYEV Yermek | 17 Jun 1998 | 20 | 23 |
| 11 | ZHAKANOV Miras | 7 Jun 2000 | 18 | 12 |
| 12 | YESTEMESSOV Rustam | 3 Mar 2002 | 16 | 5 |
| 13 | KUDAIBERGEN Adizhan | 27 Apr 1995 | 23 | 9 |
| 15 | YELUBAYEV Aman | 10 Jul 1998 | 20 | 26 |
| 16 | ABDIKESHOV Miras (GK) | 1 Sep 2000 | 18 | 5 |
| 17 | KOZHYM Nurbol | 7 Aug 1996 | 22 | 14 |
| 18 | BEBITOV Zhengis | 9 May 2001 | 17 | 10 |
| 19 | YERTAN Alisher | 9 Jan 2000 | 18 | 3 |
| 20 | DYUSSEBEKOV Yerkebulan | 13 Mar 1995 | 23 | 26 |
| 21 | UZBEK Tilek | 14 Jan 1993 | 25 | 26 |
| 23 | MUKHAMADIYEV Nurzhan | 14 May 1996 | 22 | 26 |
| 27 | RAMAZAN Adilet | 15 Aug 2002 | 16 | 3 |
| 32 | ASKHATOV Yerassyl (GK) | 11 May 1998 | 20 | 11 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2018-12-17

Team Staff

| Role | Name |
|--------------|-------------------------|
| Team Manager | ORMAN Makhmud |
| Head Coach | VISHNYAKOV Lenur |

Team Colours

| | |
|-----------|---------------|
| Shirts | Yellow Blue |
| Shorts | Yellow Blue |
| Socks | Yellow Blue |
| GK Shirts | Green Red |

Team Details Nepal

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------|---------------|------|------|
| 1 | KHANIYA Parkash | 3 Apr 1997 | 21 | 3 |
| 2 | JOSHI Keshab | 5 Mar 1994 | 24 | 3 |
| 3 | KARKI Narendra | 18 Sep 1996 | 22 | 3 |
| 4 | JOSHI Suresh | 10 Jun 1993 | 25 | 3 |
| 5 | RAUT Ranjit | 4 Oct 1985 | 33 | 3 |
| 6 | BHATTARAI Bhanu | 1 Mar 1998 | 20 | 3 |
| 7 | SHRISWASTAV Amit | 19 Oct 1992 | 26 | 3 |
| 8 | MAGAR Kisan | 7 Jun 1997 | 21 | 3 |
| 9 | DHAMI Dev | 13 Mar 1992 | 26 | 2 |
| 10 | SHAH Ram | 21 Jun 1991 | 27 | 3 |
| 11 | AIR Dipendra | 11 Nov 1989 | 29 | 3 |
| 12 | RAJBANSHI Pradip | 6 Dec 1991 | 27 | 1 |
| 13 | CHAUDHARY Roshan | 11 Sep 1992 | 26 | 3 |
| 14 | KARKI Rajendra | 10 Jan 2001 | 17 | 3 |
| 15 | RANA Roman | 30 Mar 2000 | 18 | 3 |
| 16 | OJHA Kishor (GK) | 21 Jul 1990 | 28 | 2 |
| 17 | ACHARYA Sagar | 18 Jan 1997 | 21 | 3 |
| 18 | KHANIYA Parvesh | 3 Apr 1997 | 21 | 2 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2018-12-17

Team Staff

| Role | Name |
|-----------------|----------------------|
| Team Manager | SHARMA Ashim |
| Head Coach | THAPA Ranjan |
| Medical Doctor | SHARMA Manoj |
| Physiotherapist | NEPAL Baburam |

Team Colours

| | |
|-----------|-------------------|
| Shirts | Red Dark Blue |
| Shorts | Red Dark Blue |
| Socks | Red Dark Blue |
| GK Shirts | Sky Blue Orange |

Team Details Uzbekistan

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|----------------------------------|---------------|------|------|
| 1 | SOLIJONOV Kamoliddin (GK) | 20 Apr 1999 | 19 | 1 |
| 2 | KURYAZOV Isroil | 7 Nov 1991 | 27 | 7 |
| 3 | KORABOEV Iskandar | 4 Jun 1999 | 19 | 6 |
| 4 | ISMAILOV Enver | 13 Jun 1977 | 41 | 12 |
| 5 | SULTONOV Ilhomjon | 25 Jul 1992 | 26 | 11 |
| 6 | NAZAROV Oybek | 13 Dec 1996 | 22 | 31 |
| 7 | KHOLMATOV Makhmud | 6 Feb 1979 | 39 | 6 |
| 8 | IMINOV Uktamjon | 8 Aug 1991 | 27 | 8 |
| 9 | MIRZAKARIMOV Okhunjon | 4 Dec 1992 | 26 | 17 |
| 10 | MADAMINOV Otabek | 14 Mar 1998 | 20 | 3 |
| 11 | KALANDAROV Golib (C) | 7 Sep 1983 | 35 | 21 |
| 12 | KHAYTBOEV Gaybullo | 9 Oct 1998 | 20 | 26 |
| 13 | UZAKOV Maksadbek | 26 May 1999 | 19 | 2 |
| 14 | KHAKIMOV Khakimboy | 26 Apr 1994 | 24 | 15 |
| 15 | RUSLAN Karimov | 9 Sep 1994 | 24 | 20 |
| 16 | EGAMBERDIEV Furkatbek | 1 Oct 1998 | 20 | 15 |
| 17 | BAZARBOEV Izzat | 29 Nov 1987 | 31 | 1 |
| 21 | UZOKOV Sardor (GK) | 17 Sep 1992 | 26 | 5 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2018-12-17

Team Staff

| Role | Name |
|-----------------|-------------------------|
| Team Manager | AKHMEDOV Bakodir |
| Head Coach | MAMATKAZIN Rinat |
| Assistant Coach | PATIDINOV Oybek |

Team Colours

| | |
|-----------|---------------|
| Shirts | Blue Black |
| Shorts | Black |
| Socks | Blue Yellow |
| GK Shirts | Orange Grey |