Team Details India

Shirt No.	Player	Date of Birth	Age*	Caps
1	**Neha**	15 Nov 1996	19	217
2	**Kaur Gurjit**	25 Oct 1995	20	137
4	**RUAT Feli Hnialum**	15 Jul 1996	19	24
5	**DUBEY Preeti**	13 Jun 1998	17	56
6	**BARLA Punam**	**10 Feb 1995**	20	14
11	**Sonika**	20 Mar 1997	18	91
12	**BALI Yogita (GK)**	8 May 1987	28	66
14	**RANI Ritu (C)**	29 Dec 1991	24	240
17	**DEEPIKA**	**7 Feb 1987**	29	230
20	**MALLAMADA Ponnamma**	25 Oct 1992	23	33
21	**YENDALA Soundarya**	16 Sep 1989	26	116
22	**GUPTA Jyoti**	29 Dec 1996	19	4
23	**KAUR Jaspreet**	11 Dec 1995	20	82
24	**YADAV Renuka**	18 Jul 1994	21	54
27	**PUKHRAMBAM Sushila Chanu**	25 Feb 1992	23	279
28	**Rani**	4 Dec 1994	21	254
29	**SHYAMA Tidgam**	6 Jul 1995	20	2
30	**MINJ Sonal (GK)**	24 Aug 1996	19	6

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2016-02-07

Team Staff

Role	Name
Team Manager	**KUMAR C. R.**
Stand-In Manager	**LAKRA Asunta**
Head Coach	**HAWGOOD Neil**
Physiotherapist	**SUDAN Sonika**

Team Colours

Shirts	Sky Blue | White
Skirts	Sky Blue | White
Socks	Sky Blue | Orange
GK Shirts	Red | Yellow

Tournament Director: SINGH Daljit (MAS)

Copyright © 2026 International Hockey Federation (2026/11/25 18:14)

Team Details Nepal

Shirt No.	Player	Date of Birth	Age*	Caps
1	**MAGAR Kusma (GK)**	10 Mar 1992	23	2
2	**MALLA Tara**	22 Oct 1993	22	2
3	**CHAND Kamala**	5 Jul 1998	17	2
4	**KHAPANGI Tanka**	23 Jul 1993	22	2
5	**RAWAL Bindu**	11 Jun 1996	19	2
6	**BHATT Bimala**	29 Jan 1990	26	2
7	**DANGAURA Tulsi (C)**	22 Aug 1991	24	2
8	**MEEHE Sarita**	11 Aug 1994	21	2
9	**GURUNG Rajani**	25 Dec 1985	30	2
10	**BAL Sita Maya**	8 May 1988	27	2
11	**CHOUDHURY Seema**	25 Apr 1991	24	2
12	**DANGAURA Anju**	13 Apr 1992	23	2
13	**BISTA Bhagrathi**	13 Apr 1998	17	2
14	**DANGAL Homa**	8 Sep 1995	20	1
15	**DANGAURA Shilpa**	11 Dec 1996	19	2
16	**KUSWAR Chandra**	26 Jul 1986	29	1
17	**BHATTA Rekha**	15 Dec 1999	16	1
20	**MALA Jyoti (GK)**	14 May 1987	28	0

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2016-02-07

Team Staff

Role	Name
Team Manager	**SHARMA Manoj**
Stand-In Manager	**NEPAL Baburam**
Head Coach	**PATHAK Rajendra**

Team Colours

Shirts	Maroon | Blue
Skirts	Orange | Blue
Socks	yellow | Red
GK Shirts	Black | Yellow

Tournament Director: SINGH Daljit (MAS)

Copyright © 2026 International Hockey Federation (2026/11/25 18:14)

Team Details Sri Lanka

Shirt No.	Player	Date of Birth	Age*	Caps
1	**KEERTHIRATHNA Erandi (GK)**	7 Aug 1987	28	22
2	**KATUPULLE Harshani**	15 Jun 1991	24	14
3	**ABEYARATHNA Geethani**	14 Dec 1988	27	13
4	**KONNASINGHA Chathuri**	2 Sep 1992	23	18
5	**RATHTHEPITIYA Madhura (C)**	7 Nov 1987	28	27
6	**WEERABAHU Imesha**	2 Sep 1992	23	29
7	**GANGEDURA Pradeepa**	22 Jan 1989	27	49
8	**KUMARI Buddika**	19 May 1990	25	3
9	**WIJESOORIYA Chathurika**	1 Mar 1988	27	27
10	**JAYANETHTHI Nayana**	12 Nov 1988	27	14
11	**PANAWALA Chaturika**	26 Apr 1991	24	15
12	**MUTHUKUTTIGE Prarthana**	27 Feb 1994	21	18
13	**WIJESOORIYA Yamuna**	4 Jan 1988	28	7
14	**EKANAYAKE Nawanajana**	18 Dec 1997	18	3
15	**HEWA Shanika**	10 Sep 1991	24	15
16	**JAYARATHNE Kaushlya**	19 Nov 1997	18	2
17	**GANGEDURA Geethika**	2 Feb 1991	25	35
18	**ILEPERUMA Sakunthala (GK)**	23 Apr 1996	19	13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2016-02-07

Team Staff

Role	Name
Team Manager	**RUPASINGHE Sunethra**
Stand-In Manager	**ABEYGUNAWARDANA Lakshman**
Head Coach	**GIRAMBE Dharmarathne**
Assistant Coach	**LANAROLLE AMPC**
Physiotherapist	**GAMAGE Akila**

Team Colours

Shirts	Brown | Light Blue
Skirts	Maroon | Light Blue
Socks	Yellow | Light Blue
GK Shirts	Pink

Tournament Director: SINGH Daljit (MAS)

Copyright © 2026 International Hockey Federation (2026/11/25 18:14)