Test Matches RSA v NAM (W)

20 - 24 Jul 2026

Cape Town, South Africa

Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**STOFFBERG Petro (GK)**	11 Oct 1996	29	38
2	**CARTWRIGHT Jasmine (GK)**	13 Mar 2008	18	4
3	**PHILANDER Azaylee**	3 Jan 2004	22	10
4	**PRETORIUS Sunelle (C)**	27 Nov 1998	27	36
6	**FOURIE Nicola**	19 Apr 2007	19	3
7	**GRÖGLI Leila**	25 May 2011	15	4
8	**KRUGER Jivanka (C)**	5 Jul 1997	29	31
9	**ROWLES Alice**	3 Apr 2007	19	3
10	**NEETHLING Marika**	16 Mar 2006	20	8
11	**ROWLES Abigail**	10 Feb 2009	17	4
12	**HERMANUS Gillian**	3 Jan 1998	28	26
13	**MALAN Milah**	29 May 2006	20	4
13	**GRÖGLI Tamara**	26 Jun 2009	17	4
14	**HINDA Ottilie**	8 Sep 2010	15	2
15	**KRUGER Jahntwa**	8 Feb 2000	26	33
16	**DERCKSEN Amber**	16 Jul 2002	24	10
18	**RICHARDS Sienna**	23 Nov 2009	16	3
19	**MYBURGH Taramarie**	19 Dec 2001	24	36
22	**MOFFET Erin**	30 Dec 2006	19	3
24	**RIX Charlize**	12 Sep 2001	24	21
25	**JANUARY Allison**	10 Jun 2011	15	3

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-20

Team Staff

Role	Name
Team Manager	**ZEHRT Taryn**
Head Coach	**CORMACK Trevor**
Physiotherapist	**BOTES Dalena**

Team Colours

Shirts	Royal Blue | White
Skirts	Royal Blue | White
Socks	Royal Blue | White
GK Shirts	Red | Black

Technical Delegates: CHUNG Dennis (RSA), MORGAN Robyn (RSA)

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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
1	**DE JAGER Morgan (GK)**	27 Jan 2003	23	24
4	**BOTHA Stephanie**	30 Dec 1998	27	64
5	**MOLIKOE Edith (C)**	23 May 2000	26	68
7	**AUGOUSTI Taheera**	23 Sep 2005	20	54
10	**ZULU Onthatile**	14 Mar 2000	26	91
12	**MOKOENA Ntsopa**	17 Aug 2004	21	59
13	**ISAACS Paris-Gail**	25 Aug 2006	19	29
18	**PEARCE Hannah**	17 Nov 1998	27	74
21	**MALI Ongeziwe**	21 May 1999	27	56
23	**du TOIT Jean-Leigh**	18 Jan 2000	26	59
26	**DEN BAKKER Cailynn**	9 May 2001	25	38
27	**de WAAL Kayla**	11 Jun 2000	26	53
30	**MAREE Caylin**	21 May 2003	23	14
31	**Van TONDER Marlise (GK)**	5 Jun 1997	29	60
32	**FOURIE Tegan**	13 Jul 1998	28	34
34	**JANSE VAN VUUREN Ané**	20 Mar 2004	22	19
35	**MAHOLE Lerato**	29 Dec 1999	26	35
37	**FOURIE Cerian**	10 Apr 2003	23	9
38	**MENDONCA Shanna**	3 Mar 2003	23	18
39	**DE OLIVEIRA Daniella**	11 Jul 2003	23	7
40	**WOOD Bianca**	20 Feb 2000	26	56
41	**ENGELKE Baylee**	18 Jul 2005	21	10
44	**BRISSET Laikén**	27 Mar 2004	22	10
45	**MZIZI Nomsa**	8 Jul 2004	22	9

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-20

Team Staff

Role	Name
Team Manager	**LEECH Demi**
Stand-In Manager	**MCCREEDY Tarryn**
Head Coach	**ZONDI Inky**
Assistant Coach	**MARAIS Lenise**
Physiotherapist	**PHILLIPS Robyn**

Team Colours

Shirts	Green | White
Skirts	Green | White
Socks	Yellow | Green
GK Shirts	Mint | Pink

Technical Delegates: CHUNG Dennis (RSA), MORGAN Robyn (RSA)

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