



Team Details Egypt

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------------|---------------|------|------|
| 1 | KARAMA Marim (GK) | 12 Feb 1997 | 25 | 4 |
| 2 | MOSTAFA Mennatalla (C) | 15 Apr 2003 | 19 | 4 |
| 9 | ELFATIRI Sama | 25 Aug 2003 | 19 | 4 |
| 11 | ABDELAZIZ Fifi | 1 Dec 1995 | 27 | 4 |
| 12 | DARWISH Aya | 20 Sep 1997 | 25 | 4 |
| 14 | AZAB Amira | 26 Aug 1994 | 28 | 4 |
| 15 | ZAHRA Esraa | 26 Jul 1999 | 23 | 4 |
| 16 | ALI Salma (GK) | 9 Oct 2000 | 22 | 1 |
| 17 | MORSY Nahla | 28 Aug 1996 | 26 | 4 |
| 30 | SOLAIMAN Rowan | 9 Jun 2003 | 19 | 3 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

| Role | Name |
|-----------------|------------------------|
| Team Manager | SAYED Sara |
| Head Coach | KHALIL Moustafa |
| Physiotherapist | SHAHIN Shimaa |

Team Colours

| | |
|-----------|-------------------|
| Shirts | Red White |
| Skirts | White Black |
| Socks | Black Red |
| GK Shirts | Blue Mint green |



Team Details Kenya

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------------|---------------|------|------|
| 1 | ADHIAMBO Milicent (GK) | 29 Sep 2002 | 20 | 1 |
| 4 | GUCHU Caroline (C) | 23 Oct 1988 | 34 | 1 |
| 5 | ONYANGO Vivian | 30 Mar 1999 | 23 | 1 |
| 6 | KIPSANG Lynne | 17 Sep 1999 | 23 | 1 |
| 7 | OWITI Mourine | 5 Mar 2000 | 22 | 1 |
| 8 | OWITI Alice | 5 Mar 2000 | 22 | 1 |
| 10 | KEMUNTO Naom | 7 Oct 2000 | 22 | 1 |
| 16 | OPONDO Aurelia | 5 Oct 1999 | 23 | 1 |
| 20 | WABOMBA Maroline (GK) | 20 Aug 2000 | 22 | 0 |
| 21 | CHEBET Eleanor | 24 Jul 2001 | 21 | 1 |

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* As of 2022-12-10

Team Staff

| Role | Name |
|-----------------|------------------------|
| Team Manager | KARANJA Tracy |
| Head Coach | MALUNGU Michael |
| Physiotherapist | KAUMBA Rebecca |

Team Colours

| | |
|-----------|-----------------|
| Shirts | Red Navy Blue |
| Skirts | Black Black |
| Socks | Red Black |
| GK Shirts | Yellow Red |



Team Details Namibia

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|-------------------------------|---------------|------|------|
| 1 | STOFFBERG Petro (C,GK) | 11 Oct 1996 | 26 | 11 |
| 8 | KRUGER Jivanka | 5 Jul 1997 | 25 | 11 |
| 13 | VAN STADEN Armin | 6 Mar 2003 | 19 | 5 |
| 15 | MEYER Danja | 25 Jul 2003 | 19 | 5 |
| 16 | DIAMOND Berencia (GK) | 15 Jun 1994 | 28 | 2 |
| 19 | MYBURGH Taramarie | 19 Dec 2001 | 20 | 11 |
| 20 | SCHIMMING Kaela | 24 Jan 2001 | 21 | 5 |
| 21 | COETZEE Anthea | 9 Dec 2004 | 18 | 11 |
| 24 | RIX Charlize | 12 Sep 2001 | 21 | 11 |
| 33 | KRUGER Jahntwa | 8 Feb 2000 | 22 | 11 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

| Role | Name |
|--------------|-------------------------|
| Team Manager | SCHIMMING Kimber |
| Head Coach | HANDURA Erwin |

Team Colours

| | |
|-----------|-------------|
| Shirts | Blue Red |
| Skirts | Blue Red |
| Socks | Blue Red |
| GK Shirts | Red Green |



Team Details South Africa

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|--------------------------------|---------------|------|------|
| 1 | MODIPANE Mmatshupo (GK) | 28 Sep 1989 | 33 | 8 |
| 4 | SPERSHOTT Germarie | 23 Mar 2005 | 17 | 4 |
| 5 | JANSEN van VUREN Lezaan | 21 Dec 1998 | 23 | 8 |
| 6 | VERSTER Izelle | 12 Sep 1994 | 28 | 10 |
| 9 | DE LA REY Teshawn | 4 May 2005 | 17 | 10 |
| 10 | van JAARSVELDT Sylvia | 29 Jul 1989 | 33 | 8 |
| 11 | MARKS Toni (C) | 19 Jul 1994 | 28 | 14 |
| 16 | PHUME Reabetswe | 16 Mar 2006 | 16 | 14 |
| 22 | WELHAM Angela | 28 Oct 2000 | 22 | 4 |
| 23 | COCHRANE Grace (GK) | 12 Jun 2002 | 20 | 9 |

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* As of 2022-12-10

Team Staff

| Role | Name |
|-----------------|-----------------------|
| Team Manager | RAMSDEN Tarrin |
| Head Coach | PHOLO Tsoanelo |
| Physiotherapist | BAILEY Sharne |

Team Colours

| | |
|-----------|----------------|
| Shirts | Green White |
| Skirts | Green White |
| Socks | Yellow Green |
| GK Shirts | Orange Green |



Team Details Zambia

| Shirt No. | Player | Date of Birth | Age* | Caps |
|-----------|--------------------------------|---------------|------|------|
| 1 | CHUNGU Chengelo (GK) | 23 Apr 2006 | 16 | 8 |
| 2 | KALUNGA Brenda | 12 Oct 1996 | 26 | 10 |
| 3 | ZULU Falesy | 1 Jan 2002 | 20 | 3 |
| 7 | MUNTHALI Margret | 26 Jun 1997 | 25 | 3 |
| 8 | KALOMO Martha (C) | 8 Jan 1992 | 30 | 4 |
| 11 | NANKALA Martha (C) | 10 Oct 1996 | 26 | 10 |
| 12 | MUTANGAMA Harriet | 17 Feb 2003 | 19 | 9 |
| 15 | MULENGA Ireen | 25 Sep 2001 | 21 | 10 |
| 16 | CHIBBANYUKA ESNART (GK) | 1 Dec 1995 | 27 | 1 |
| 18 | NAKOMBE Carol | 6 Dec 1999 | 23 | 10 |

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

| Role | Name |
|-----------------|-----------------------|
| Team Manager | BWALYA Elvis |
| Team Manager | KAWEWE Patson |
| Head Coach | LWANDO Godfrey |
| Assistant Coach | CHOMBA Floyd |
| Physiotherapist | MUMBA Maulisho |

Team Colours

| | |
|-----------|---------------------------------|
| Shirts | Dark Green Light Green/Orange |
| Skirts | Green Green |
| Socks | Green Orange |
| GK Shirts | Blue Mint Green |