Team Details Egypt

Shirt No.	Player	Date of Birth	Age*	Caps
1	**KARAMA Marim (GK)**	12 Feb 1997	25	4
2	**MOSTAFA Mennatalla (C)**	15 Apr 2003	19	4
9	**ELFATIRI Sama**	25 Aug 2003	19	4
11	**ABDELAZIZ Fifi**	1 Dec 1995	27	4
12	**DARWISH Aya**	20 Sep 1997	25	4
14	**AZAB Amira**	26 Aug 1994	28	4
15	**ZAHRA Esraa**	26 Jul 1999	23	4
16	**ALI Salma (GK)**	9 Oct 2000	22	1
17	**MORSY Nahla**	28 Aug 1996	26	4
30	**SOLAIMAN Rowan**	9 Jun 2003	19	3

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

Role	Name
Team Manager	**SAYED Sara**
Head Coach	**KHALIL Moustafa**
Physiotherapist	**SHAHIN Shimaa**

Team Colours

Shirts	Red | White
Skirts	White | Black
Socks	Black | Red
GK Shirts	Blue | Mint green

Tournament Director: BENNETT Sarah (ZIM)

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Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	**ADHIAMBO Milicent (GK)**	29 Sep 2002	20	1
4	**GUCHU Caroline (C)**	23 Oct 1988	34	1
5	**ONYANGO Vivian**	30 Mar 1999	23	1
6	**KIPSANG Lynne**	17 Sep 1999	23	1
7	**OWITI Mourine**	5 Mar 2000	22	1
8	**OWITI Alice**	5 Mar 2000	22	1
10	**KEMUNTO Naom**	7 Oct 2000	22	1
16	**OPONDO Aurelia**	5 Oct 1999	23	1
20	**WABOMBA Maroline (GK)**	20 Aug 2000	22	0
21	**CHEBET Eleanor**	24 Jul 2001	21	1

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

Role	Name
Team Manager	**KARANJA Tracy**
Head Coach	**MALUNGU Michael**
Physiotherapist	**KAUMBA Rebecca**

Team Colours

Shirts	Red | Navy Blue
Skirts	Black | Black
Socks	Red | Black
GK Shirts	Yellow | Red

Tournament Director: BENNETT Sarah (ZIM)

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Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**STOFFBERG Petro (C,GK)**	11 Oct 1996	26	11
8	**KRUGER Jivanka**	5 Jul 1997	25	11
13	**VAN STADEN Armin**	6 Mar 2003	19	5
15	**MEYER Danja**	25 Jul 2003	19	5
16	**DIAMOND Berencia (GK)**	15 Jun 1994	28	2
19	**MYBURGH Taramarie**	19 Dec 2001	20	11
20	**SCHIMMING Kaela**	24 Jan 2001	21	5
21	**COETZEE Anthea**	9 Dec 2004	18	11
24	**RIX Charlize**	12 Sep 2001	21	11
33	**KRUGER Jahntwa**	8 Feb 2000	22	11

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

Role	Name
Team Manager	**SCHIMMING Kimber**
Head Coach	**HANDURA Erwin**

Team Colours

Shirts	Blue | Red
Skirts	Blue | Red
Socks	Blue | Red
GK Shirts	Red | Green

Tournament Director: BENNETT Sarah (ZIM)

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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
1	**MODIPANE Mmatshepo (GK)**	28 Sep 1989	33	8
4	**SPERSHOTT Germarie**	23 Mar 2005	17	4
5	**JANSEN van VUREN Lezaan**	21 Dec 1998	23	8
6	**VERSTER Izelle**	12 Sep 1994	28	10
9	**DE LA REY Teshawn**	4 May 2005	17	10
10	**van JAARSVELDT Sylvia**	29 Jul 1989	33	8
11	**MARKS Toni (C)**	19 Jul 1994	28	14
16	**PHUME Reabetswe**	16 Mar 2006	16	14
22	**WELHAM Angela**	28 Oct 2000	22	4
23	**COCHRANE Grace (GK)**	12 Jun 2002	20	9

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

Role	Name
Team Manager	**RAMSDEN Tarrin**
Head Coach	**PHOLO Tsoanelo**
Physiotherapist	**BAILEY Sharne**

Team Colours

Shirts	Green | White
Skirts	Green | White
Socks	Yellow | Green
GK Shirts	Orange | Green

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Team Details Zambia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**CHUNGU Chengelo (GK)**	23 Apr 2006	16	8
2	**KALUNGA Brenda**	12 Oct 1996	26	10
3	**ZULU Falesy**	1 Jan 2002	20	3
7	**MUNTHALI Margret**	26 Jun 1997	25	3
8	**KALOMO Martha (C)**	8 Jan 1992	30	4
11	**NANKALA Martha (C)**	10 Oct 1996	26	10
12	**MUTANGAMA Harriet**	17 Feb 2003	19	9
15	**MULENGA Ireen**	25 Sep 2001	21	10
16	**CHIBBANYUKA ESNART (GK)**	1 Dec 1995	27	1
18	**NAKOMBE Carol**	6 Dec 1999	23	10

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-12-10

Team Staff

Role	Name
Team Manager	**BWALYA Elvis**
Team Manager	**KAWEWE Patson**
Head Coach	**LWANDO Godfrey**
Assistant Coach	**CHOMBA Floyd**
Physiotherapist	**MUMBA Maulisho**

Team Colours

Shirts	Dark Green | Light Green/Orange
Skirts	Green | Green
Socks	Green | Orange
GK Shirts	Blue | Mint Green

Tournament Director: BENNETT Sarah (ZIM)

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