Team Details Malawi

Shirt No.	Player	Date of Birth	Age*	Caps
1	**MATENGELE Eva (GK)**			2
2	**KAMPIRA Eliza**			2
3	**NGUNDE Enles**			2
4	**SAZUZE Eluby**			2
5	**LINYAMA Esnarth**			2
6	**KADANGO Lilian (C)**			2
7	**KALINGA Fainala**			2
8	**MAKUNGANYA Keziah**			2
9	**MPHWINIZA Jacqueline**			2
10	**PADAMBO Swilanga**			2
11	**THOMSON Mary**			2
12	**PHOYA Alice**			2
13	**JANA Grace**			2
14	**PHIRI Vanessa (GK)**			0
15	**JAMALI Chisomo**			2
16	**KUMWENDA Martha**			2
17	**CHAFUWA Immaculate**			2
18	**NYIRENDA Martha**			2

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-08-31

Team Staff

Role	Name
Team Manager	**MSISKA Joyce**
Head Coach	**BIYA Geoffery**
Assistant Coach	**CHAURA Benjamin**
Physiotherapist	**PIPE Sarai**

Team Colours

Shirts	red | green | White
Skirts	black | red | green
Socks	red | green
GK Shirts	Lime Green | black

Technical Delegate: MUGA Dorothy (KEN)

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Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	**STOFFBERG Petro (GK)**	11 Oct 1996	25	38
3	**PHILANDER Azaylee**	3 Jan 2004	18	10
4	**LUDWIG Sunelle**	27 Nov 1998	23	36
5	**GILLIES Caitlin**	15 Mar 2004	18	3
8	**KRUGER Jivanka**	5 Jul 1997	25	31
9	**BARTLETT Jerrica**	1 Apr 1990	32	34
12	**HERMANUS Gillian**	3 Jan 1998	24	26
14	**GILLIES Jaime**	16 Aug 2005	17	3
16	**DIAMOND Berencia (GK)**	15 Jun 1994	28	15
18	**SCHOEMAN Vanessa**	22 May 2001	21	13
19	**MYBURGH Taramarie**	19 Dec 2001	20	36
20	**SCHIMMING Kaela**	24 Jan 2001	21	5
21	**COETZEE Anthea**	9 Dec 2004	17	13
24	**RIX Charlize**	12 Sep 2001	20	21
25	**MARTINS Xena**	22 Jul 2002	20	13
26	**SEMEDO Tisha**	24 Nov 2003	18	13
28	**VENTER Marcia**	13 May 1992	30	11
33	**KRUGER Jahntwa**	8 Feb 2000	22	33

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-08-31

Team Staff

Role	Name
Team Manager	**WEYHE Johann**
Head Coach	**GILLIES Melissa**
Assistant Coach	**MAKATI Sedtric**

Team Colours

Shirts	Blue | Red
Skirts	Blue | Red
Socks	Blue | Red
GK Shirts	Orange | Green

Technical Delegate: MUGA Dorothy (KEN)

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Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	**HAASBROEK Jaime (GK)**	21 Nov 1986	35	7
2	**MATHIESON Jenna (GK)**	16 Apr 2001	21	11
3	**TRIVELLA Taya**	16 Sep 2001	20	6
4	**VIVIERS Roxanne**	16 Jan 1993	29	21
5	**BEEKES Mercedes**	19 Oct 2001	20	6
6	**TERBLANCHE Alexei**	13 Sep 2001	20	17
7	**HERBST Simone**	7 Dec 2000	21	17
8	**GRANT Nicolle**	10 Mar 1992	30	17
9	**LEVEY Amy-Lee (C)**	19 Feb 1988	34	8
10	**DIPLOCK Kelly**	11 May 1998	24	12
11	**HESS Natasha**	29 Sep 1984	37	8
12	**MASWERA Tatenda**	13 Nov 2003	18	6
13	**MZIZI Khanyisile**	30 Mar 2004	18	3
14	**TERBLANCHE Natalie**	6 Sep 2000	21	17
15	**ELIJAH Tinodiwanashe**	7 Apr 2005	17	12
16	**JOHNSON Iman**	5 Nov 1994	27	25
17	**NENGARE Farirai**	17 Jan 1993	29	21
18	**ZIMUTO Rumbidzai**	6 Nov 2000	21	6

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-08-31

Team Staff

Role	Name
Team Manager	**WEBB Tracy**
Stand-In Manager	**LOWE Jacqui**
Head Coach	**CHAUHAN Bhavik**
Assistant Coach	**REILLY Bridget**
Assistant Coach	**FOURIE Christopher**
Physiotherapist	**STEFFENS Sophia**

Team Colours

Shirts	Black/Red | White
Skirts	Black/Red | Green
Socks	Black | Green
GK Shirts	Blue | Pink

Technical Delegate: MUGA Dorothy (KEN)

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