



2022 Africa Cup of Nations (W)

17 - 23 Jan 2022

Accra, Ghana



Team Details Ghana

Shirt No.	Player	Date of Birth	Age*	Caps
1	AZUMAH Bridget (GK)	5 Jun 1993	28	27
2	MAANYEMBIM Brenya	20 Feb 1997	24	4
3	BOAKYE Serwaa	17 Mar 1993	28	53
4	COFFIE Ernestina	5 Nov 1993	28	49
6	UMARU Nafisatu (C)	17 Dec 1993	28	57
7	SULEMANA Adizatu	27 Dec 1997	24	32
8	AMOAKO Cecilia	22 Nov 1993	28	66
10	OPOKU Elizabeth	2 Feb 1994	27	64
12	SARFOA Martha	4 Aug 1993	28	46
13	ACQUAH Juwaila	22 Dec 1996	25	21
14	BERKO Mavis	13 Jul 1997	24	32
15	KORWU Joanita	25 Jun 1985	36	37
16	ADJEI Bennedicta	9 Oct 1993	28	36
17	NARKUOR Vivian	24 Sep 1999	22	36
18	BOYE Abigail (GK)	24 Sep 1989	32	21
19	BAMFO Racheal	9 Apr 1990	31	59
22	Owusu Roberta	28 Nov 1997	24	23
23	AKOTO Charity	14 Feb 2001	20	0
26	ANTWI Doris	19 Dec 2001	20	17
27	OKINE Dede	28 Nov 2001	20	14

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-01-17

Team Staff

Role	Name
Team Manager	ANKOMAH Grace
Stand-In Manager	DZOKOTO Bright
Head Coach	TAYLOR Patrick
Assistant Coach	ABASS Ramatu
Physiotherapist	ADANGABEY Gaetan
Physical Trainer	SAM Benedict
Psychologist	OMOREGIE Philip

Team Colours

Shirts	Yellow White
Skirts	Yellow White
Socks	Yellow Black
GK Shirts	Orange Lemon Green

Tournament Director: ADOLWA Ester (KEN)



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Team Details Kenya

Shirt No.	Player	Date of Birth	Age*	Caps
1	MAKENA Fiona (GK)	10 May 1999	22	3
2	ONSARE Jeriah	4 Nov 1999	22	8
4	MAKOKHA Grace	9 Nov 1995	26	11
5	ONYANGO Vivian	30 Mar 1999	22	16
6	KIPSANG Lynne	17 Sep 1999	22	19
7	OWITI Mourine	5 Mar 2000	21	17
8	OWITI Alice	5 Mar 2000	21	21
9	OMWANDHO Leah	28 Jan 1993	28	13
10	KEMUNTO Naom	7 Oct 2000	21	19
11	MBUGUA Beatrice	7 Oct 1994	27	21
12	AKOTH Beverlyne	13 Aug 2002	19	9
13	BWIRE Grace	1 Dec 2001	20	19
14	ADHIAMBO Milicent (GK)	29 Sep 2002	19	14
15	KUIRA Rhoda (C)	5 Dec 1995	26	17
16	OPONDO Aurelia	5 Oct 1999	22	9
17	MUTIVA Flavia	20 Apr 1990	31	52
18	MWANGI Lynn	30 May 1999	22	12
19	OKUMU Maureen	2 Apr 1996	25	28
21	CHEBET Eleanor	24 Jul 2001	20	19

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* As of 2022-01-17

Team Staff

Role	Name
Team Manager	NAMASAKE Glennis
Head Coach	JOW Jacqueline
Assistant Coach	SIMIYU Barbara
Physiotherapist	KAUMBA Rebecca

Team Colours

Shirts	Red White
Skirts	Black Navy Blue
Socks	Red Black
GK Shirts	Blue Lime Green

Tournament Director: ADOLWA Ester (KEN)



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Team Details Namibia

Shirt No.	Player	Date of Birth	Age*	Caps
1	STOFFBERG Petro (GK)	11 Oct 1996	25	34
2	SMITH Maxi (GK)	16 Dec 1991	30	8
6	van ROOYEN Joane	3 Jul 2002	19	19
9	HAENSEL Britta	9 Jun 1994	27	14
11	WESSELS Cele	6 Oct 2002	19	20
13	van ROOYEN Carien	27 Mar 2001	20	5
18	SCHOEMAN Vanessa	22 May 2001	20	13
19	MYBURGH Taramarie	19 Dec 2001	20	32
21	COETZEE Anthea	9 Dec 2004	17	13
22	OLLES Gina	4 May 2004	17	5
23	LUDWIG Wiandri (C)	10 Mar 1995	26	5
24	RIX Charlize	12 Sep 2001	20	17
25	MARTINS Xena	22 Jul 2002	19	13
26	SEMEDO Tisha	24 Nov 2003	18	13
29	BRINKMANN Sascha	16 Aug 2004	17	5
30	LOUIS Ina	27 Sep 1988	33	21
31	COETZER Caitlin	2 Mar 2005	16	5
33	KRUGER Jahntwa	8 Feb 2000	21	29

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* As of 2022-01-17

Team Staff

Role	Name
Team Manager	MYBURGH Manda
Head Coach	GILLIES Melissa
Assistant Coach	MAKATI Sedtric
Medical Doctor	KRUGER Johanna

Team Colours

Shirts	Blue Red
Skirts	Blue Red
Socks	Blue Red
GK Shirts	Red Green

Tournament Director: ADOLWA Ester (KEN)



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Team Details Nigeria

Shirt No.	Player	Date of Birth	Age*	Caps
1	UKO Martha (GK)	22 Jan 2003	18	12
2	JOHN Alfa (C)	4 Sep 1994	27	27
3	HOSSANAH Hannah	14 Nov 2000	21	12
4	AJEKWE Iveren	25 Jul 2002	19	12
5	ADEYEMI Morufat	21 Jul 1998	23	11
6	CHRISTOPHER Joy	14 Sep 2003	18	12
7	UDDOH Precious	4 Aug 1990	31	13
8	MATHIAS Ruth	6 Jan 2003	19	1
9	NJOKU QueenEsther	12 Jan 2000	22	12
10	SATURDAY Comfort	9 Mar 2004	17	12
11	CHUKWU Esther	3 Mar 2004	17	9
12	OMOGIATE Aghalelosa	25 Oct 1995	26	17
13	JOHNSON Benedicta	25 Jan 1998	23	19
14	DANBOYI Mary	19 Aug 1996	25	24
15	HAMMED Nosirat	21 Dec 2006	15	5
16	BILLO Esther	24 Apr 1994	27	25
17	ADEYEMO Folarin	25 Dec 1995	26	16
18	DAKWAT Jennifer (GK)	28 Jun 1999	22	2

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* As of 2022-01-17

Team Staff

Role	Name
Team Manager	NDANA Baba
Stand-In Manager	FADELE Samuel
Head Coach	OTAH Helen
Assistant Coach	MENYEI Peter
Medical Doctor	COLEMAN ThankGod

Team Colours

Shirts	White Green
Skirts	White Green
Socks	Green Green
GK Shirts	Black Orange

Tournament Director: ADOLWA Ester (KEN)



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Team Details South Africa

Shirt No.	Player	Date of Birth	Age*	Caps
2	FOURIE Tegan	13 Jul 1998	23	18
7	MARAIS Marizen	17 May 1996	25	44
8	PATON Kristen	21 Dec 1996	25	80
9	JOHNSON Robyn	7 Dec 1990	31	46
14	VETO Nomnikelo	3 Jan 1997	25	26
17	MADDOCKS Charné	10 Jun 1998	23	21
19	du PLESSIS Lilian	17 Dec 1992	29	158
22	MAHOLE Lerato	29 Dec 1999	22	10
23	COSTON Bernadette (C)	17 Aug 1989	32	169
24	MBANDE Phumelela (C,GK)	8 Mar 1993	28	79
25	ADAMS Kirsty	10 Jun 1999	22	25
26	SIMMONS Shirndre-Lee	8 Mar 1997	24	17
28	BOBBS Quanita	3 Sep 1993	28	192
29	GLASBY Tarryn	23 Jan 1995	26	91
32	MODIPANE Mmatshupo (GK)	28 Sep 1989	32	22
35	THENJWAYO Nompilo	23 Jan 1997	24	5
39	BOTHA Stephanie	30 Dec 1998	23	38
40	LOUW Harrie	15 Dec 2001	20	27

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* As of 2022-01-17

Team Staff

Role	Name
Team Manager	MCCREEDY Tarryn
Head Coach	ZONDI Inky
Assistant Coach	MARAIS Lenise
Medical Doctor	SHANG Gavin
Physiotherapist	RICHARDS Kayla
Physical Trainer	LAMONT Marcel

Team Colours

Shirts	Green White
Skirts	Green White
Socks	Yellow Green
GK Shirts	Red Royal Blue

Tournament Director: ADOLWA Ester (KEN)



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Accra, Ghana



Team Details Uganda

Shirt No.	Player	Date of Birth	Age*	Caps
1	AYOMIROWTH Susan (GK)	13 Aug 2005	16	2
2	NAKAJJUMBA Lamula	2 Apr 2000	21	8
3	MUBER Consolate	17 Oct 1997	24	8
4	ACHOM Pauline	8 Feb 1993	28	6
5	ALARO Winnie	28 Apr 2001	20	8
6	KATEREGGA Aisha	19 Aug 1978	43	8
7	ALUM Norah (C)	31 Mar 2000	21	5
8	AKELLO Lucky	14 Jun 2002	19	5
9	MBABAZI Doreen			8
10	ALIMO Jolly	27 Nov 2006	15	5
11	ANYANGO Teopista	2 Nov 2001	20	5
12	NAKOBERAINA Kibwika	23 Oct 1998	23	5
13	NASSIWA Margaret	1 Sep 1996	25	8
14	ASSIMWE Doreen	1 Jul 2000	21	8
15	KORUKUNDO Pauline (C)	8 Jan 1988	34	5
16	SERUNJOGI Joy	19 Sep 2001	20	5
17	THUWAIBAH Kiggundu	28 Jul 2003	18	5
18	GIRAMIA Syliva (GK)	2 Sep 1999	22	4

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-01-17

Team Staff

Role	Name
Team Manager	BAINE Bridget
Head Coach	NSEREKO Moses
Head Coach	RICHICHI Francesco
Assistant Coach	MUSOKE Dulf
Medical Doctor	EWOCHU Emma
Physiotherapist	PAOLTRONI Massimiliano
Physical Trainer	TSIKHABI Joshua
Physical Trainer	AKII Sadik

Team Colours

Shirts	Red White
Skirts	Black Red
Socks	Yellow Black
GK Shirts	Yellow Red

Tournament Director: ADOLWA Ester (KEN)



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Team Details Zambia

Shirt No.	Player	Date of Birth	Age*	Caps
1	MWANZA Tafuna (GK)	30 May 1998	23	3
2	KALUNGA Brenda	12 Oct 1996	25	20
3	ZULU Falesy	1 Jan 2002	20	11
4	MWEWA Mary	19 Jul 2001	20	11
5	MWACHUNGA BEAUTY	8 Oct 2002	19	10
6	MVULA Annie (C)	17 Aug 1997	24	16
7	MUNTHALI Margret	26 Jun 1997	24	13
8	KALOMO Catherine	27 Jul 1997	24	12
9	KATOKA Rita	10 Dec 1993	28	5
10	MAMBWE Eniless	10 Mar 1997	24	20
11	NANKALA Martha	10 Oct 1996	25	15
12	MUTANGAMA Harriet	17 Feb 2003	18	13
13	BANDA Patricia	28 Jan 1997	24	9
14	MUNSANDA Winaa	4 Oct 1997	24	12
15	MULENGA Ireen	25 Sep 2001	20	12
16	MWALE Esther (GK)	4 Mar 1996	25	13
17	MUDENDA Loveness	11 Dec 1999	22	18
18	NAKOMBE Carol	6 Dec 1999	22	20
19	MWANANYAMBE Monde	17 Jul 2008	13	3

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* As of 2022-01-17

Team Staff

Role	Name
Team Manager	KAMANGA Tinyiko
Head Coach	CHOMBA Floyd
Assistant Coach	LWANDO Godfrey
Physiotherapist	NAMUKONDO Febby

Team Colours

Shirts	Apple Green Army Green
Skirts	Green Green
Socks	Orange Green
GK Shirts	Lime Blue

Tournament Director: ADOLWA Ester (KEN)



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Team Details Zimbabwe

Shirt No.	Player	Date of Birth	Age*	Caps
1	CLIPSTONE Jordyn (GK)	29 May 1995	26	15
2	MATHIESON Jenna (GK)	16 Apr 2001	20	11
3	ALLARDICE Georgia	1 Nov 2001	20	11
4	LEVEY Amy-Lee	19 Feb 1988	33	8
5	MARAIS Belinda	7 Aug 1986	35	9
6	TERBLANCHE Alexei	13 Sep 2001	20	17
7	HERBST Simone	7 Dec 2000	21	17
8	GRANT Nicolle	10 Mar 1992	29	17
9	PALMER Jenna	19 Feb 1985	36	16
10	KAULBACK Kelly	28 Jun 1992	29	16
11	HESS Natasha	29 Sep 1984	37	8
12	POPE Lilian	12 Nov 2001	20	11
13	JOHNSON Iman	5 Nov 1994	27	25
14	TERBLANCHE Natalie	6 Sep 2000	21	17
15	ELIJAH Tinodiwanashe	7 Apr 2005	16	12
16	WILLIAMS Michelle	21 Aug 1990	31	18
17	NENGARE Farirai	17 Jan 1993	29	21
18	CAMPBELL Mary (C)	13 May 1985	36	11

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2022-01-17

Team Staff

Role	Name
Team Manager	WEBB Tracy
Stand-In Manager	BENNETT Sarah
Head Coach	DAVIES Patricia
Assistant Coach	CHAUHAN Bhavik
Physiotherapist	AGYEI Okyere

Team Colours

Shirts	Black/Red White
Skirts	Black/Red Green
Socks	Black Green
GK Shirts	Blue Pink

Tournament Director: ADOLWA Ester (KEN)